



# CFC Summer Session 2017

July 6<sup>th</sup> - August 24<sup>th</sup> (7.5 weeks)

Tuesdays and Thursdays 6 - 9 pm

## What is it? A Summer Instructional & Training Program for Competitive & Recreational Fencers:

### 6:00-7:30 pm: Group Activity:

- o Group warmup, footwork and stretches
- o A brief seminar, covering varied topics such as fencing psychology, general fencing info/rules, agility training, tactics, etc. This will be an open forum and discussion is encouraged.
- o Intermediate to Advanced fencers in all 3 weapons are invited to participate.

### 7:30-9:00 pm: Open fencing & Individual Lessons

- o Contact CFC coaches or the CFC office to reserve lesson time(s).

*Note: Those who wish to open fence only are welcome to start as early as 6:00 pm.*

## How Much Does it Cost?

### OPTION I: Walk-in\* Fees for Summer Session 2017:

- o Group activity + Open fencing = \$25
- o Individual lesson + Open fencing = \$25
- o Group activity + Private Lesson + Open fencing = \$50
- o Open fencing only = \$15



### OPTION II: Save with the CFC Summer Session Punch Card:

*At \$200 for a ten-punch card, you can save 20% vs. our walk-in fees.*

- o Group activity + open fencing = 1 punch
- o Individual lesson + Open fencing = 1 punch
- o Group activity + Private Lesson + Open fencing = 2 punches



### OPTION III: Early Bird Special:

*Purchase a 2017-2018 Season Membership, and Fence all Summer for free!*

- Full Season Membership (10 months: Sep – Jun): \$500
  - o Save \$100 vs. our monthly membership plan
  - o Receive a free 2017 **Summer Pass** as a gift
- CFC's 'Early Bird Special' Summer Pass Includes:
  - o Group activities for 7.5 weeks (15 evenings)
  - o Open fencing for 7.5 weeks (15 evenings)

### **\* Instructions for Guest Fencers:**

Current USFA membership is required for all participants. Full protective gear is required, including athletic cups for gentlemen. Gear rental is available if needed.

## What if I Already Have an Open Fencing or Individual Lesson Card? Can I use those for Summer Fencing at CFC?

Yes, but we encourage you to purchase a Summer Session card or an 'Early Bird' membership. This saves you money, and helps us to keep those air conditioners running all Summer!

- **Using a regular season Open Fencing punchcard:**
  - o Group activity + Open fencing = 2 punches
  - o Open fencing only = 1 punch
- *(Individual Lesson Punchcards will be honored as-usual)*



## Other CFC Summer Activities:

**CFC Summer Fencing Camp - July 17<sup>th</sup> - 20<sup>th</sup>**

**CFC Summer Fencing Tournaments:**

- **C & Under – Sat, July 22<sup>nd</sup>**
- **Grand Round-Robin Epee – Sat, Aug 19<sup>th</sup>**

## CFC Summer Fencing Camp

Fencing Camp dates: Monday-Thursday, July 17th - July 20th

Time: 9am - 2pm.

Age range: 10 - 100

Price: \$275

Camp activities will include:

warm-ups and stretching

agility and fencing games

fencing concepts

partnered fencing drills

developing referee skills

fencing on the strip

For further details, see: <http://www.concordfencingclub.org/camp.html>

## CFC Summer Fencing Tournaments

See further details, and preregister, on [askfred.net](http://askfred.net): [C & Under](#) [Grand Round-Robin Epee](#)

**ACT NOW:**

[PURCHASE A 2017 SUMMER PUNCHCARD](#)

[PURCHASE A 2017-2018 REGULAR SEASON MEMBERSHIP & GET A FREE 2017 SUMMER PASS](#)

[REGISTER FOR CFC'S SUMMER FENCING CAMP](#)